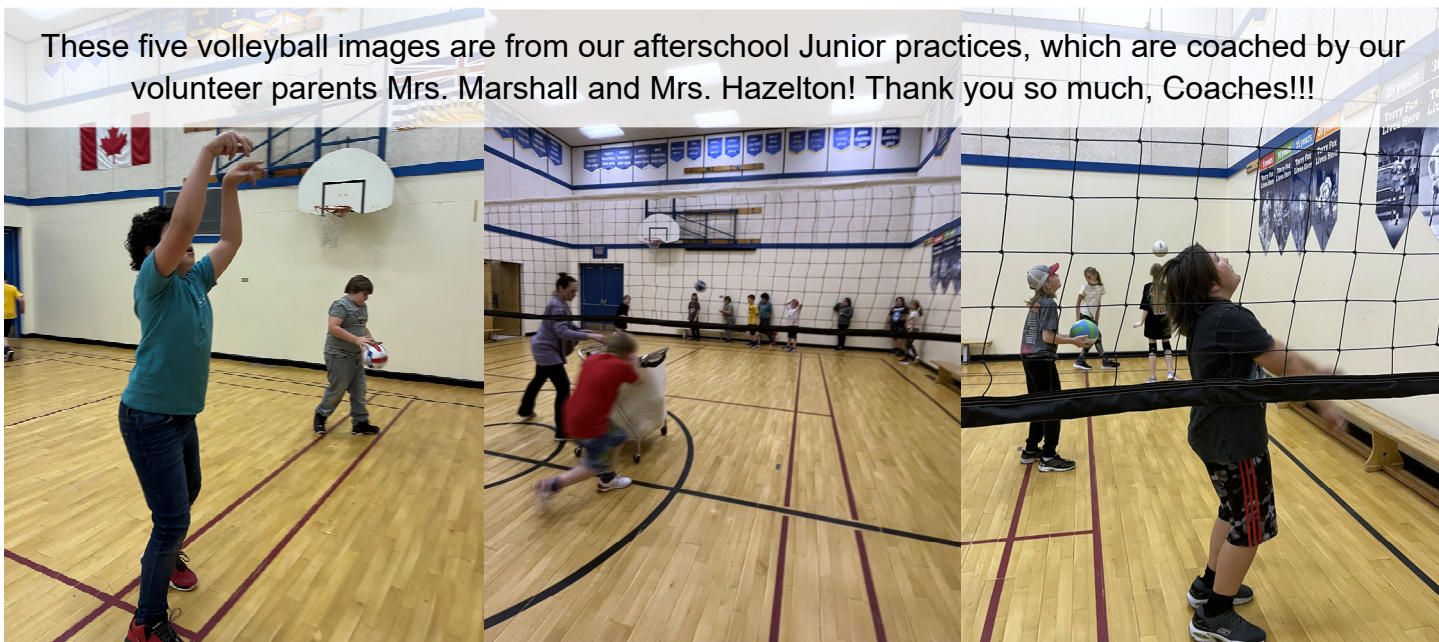


These five volleyball images are from our afterschool Junior practices, which are coached by our volunteer parents Mrs. Marshall and Mrs. Hazelton! Thank you so much, Coaches!!!



LDSS is Hosting an Afternoon Volleyball Course

Volleyball is in full swing! On Wednesday, November 27, in the afternoon, the Grade 5/6/7 class will be going to LDSS for a special Phys. Ed. course to learn to be better volleyball players! They will learn new and improved skills from high school coaches and high school students who have been playing for a few years. FLES students will be bussed back in time to go home.

Practices!

Junior volleyball practices are Mondays and Wednesdays from 3 - 4:30 PM, and Senior volleyball practices are at lunchtimes during the week.

Go Falcons!!! Go!!!

Senior Team

Torin
Jonathan
Ezra
Elizabeth
Quinn
Zya
Deegan
Noah



Junior Team

Kayleigh
Finn
Waylon
Lucy
Alierah
Nicholas
Austin
Blake
Ariana
Katie-Ray
Randy
Brogan
Zander

Team rosters subject to change—current at time of printing.

Hard at Work!

The Gr 3s and 4s are busy learning in their class! Here they are using a Thinking Classroom approach!



Mrs. Watts and Mr. Woolnough are hosting an **American Sign Language Class** every Monday at recess! Students and staff are welcome to join in Mrs. Watts' classroom during this time to learn how to sign! Our students are so lucky to have such an amazing "extra" in their education!

Good News! We Have Culture and Language Lessons!

Francois Lake Elementary is so fortunate to have Elder Helen Michelle come teach our students the language and culture of the land as part of our Indigenous Education program. Through Mr. Jesse Fairley, our School District Indigenous Principal, Francois Lake Elementary will be receiving lessons every second Friday for the school year. Last Friday, Elder Helen Michelle and Mr. Steven Patrick came to teach and visit with us for this first time.



Friday's lessons included Elder Helen's family history, where she came from, who her family is, what her clan is, what nation she belongs to, and what her role is today.

Students learned about what were culturally important artifacts to her nation and family. Elder Helen showed her talking stick, rattle cry, drums, and regalia, shared a picture of her grandmother, and spoke about each item, relating them back to her Indigenous culture. The older students got to learn and practice language lessons.

We look forward to seeing and learning more about the traditional culture of the land from Elder Helen Michelle again, Friday, November 29!



Call Out for Cardboard!!!

STEM—Science, Technology, Engineering, and Mathematics...hmmm... What exactly does STEM and cardboard have in common?

Under the guidance of Mrs. Watts, Mr. Hogarth, and Mrs. Hogarth, our students will be tackling a STEM challenge on November 29, in the afternoon! It will involve cardboard...somehow!!!



Please send your cardboard to the school so our kids can create and explore ideas and innovations with this versatile product!

We will accept your donations up to first thing on Friday, November 29!



We would like to remind you that doors in our schools are locked apart from the front door. We would also like to remind you to please sign in and out at the school office. Once you sign in, the staff in the front office will let you know if you can go to the classroom.

To honour our fathers, brothers, sons, uncles, and all the men in our lives, FLES recognizes Movember with **Moustache Day**. This year we will wear moustaches on **Tuesday, November 26**.

“20 YEARS OF CHANGING THE FACE OF MEN'S HEALTH (The History)

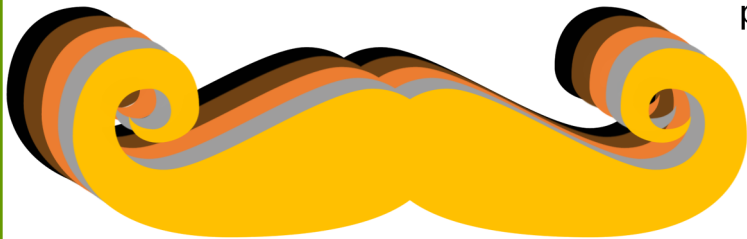
In 2003, you helped us start a movement for men's health. A movement that has since funded over 1,320 men's health projects around the world, challenging the status quo, shaking up men's health research and transforming the way health services reach and support men.

We've taken on three of the biggest health issues affecting men: mental health and suicide prevention, prostate cancer, and testicular cancer. As a result, men are living healthier, longer lives.

This movement started with 30 Mo Bros. Now, it claims a headcount of over 6 million.

And we're not done yet.”

Quote: <https://ca.movember.com/about/history>



FLES PAC...

Next PAC meeting
Tonight, Nov. 21 at 5:30 PM in the MPR. All parents are Welcome!

PAC Executive:

Amy Wainwright	Chair
Jessica Shively	Vice Chair
Johanna Hayes	Treasurer
Ileasha Gooding	Secretary
Jessi Jack	Co-Hot Lunch Coordinator
Amber Poffenroth	Co-Hot Lunch Coordinator

Board Biz...



Superintendent's Report to the Board

Interim Superintendent Mike Skinner presented his monthly report at the Regular School Board Meeting on Monday, November 18, 2024.

You may find it under the Latest News heading at www.sd91.bc.ca.



Public Feedback Welcome!

The Board of Education is engaging in a Policy Re-Organization Project. Members of the public are invited to review the first step of this project (re-numbering existing policies) and provide feedback before **4:00 p.m. on Thursday, January 9, 2025**.

Please check out our [Policies & Regulations webpage](http://www.sd91.bc.ca/69e70d92-09f6-4c77-bd55-3a85c8d67464) for more details. www.sd91.bc.ca/69e70d92-09f6-4c77-bd55-3a85c8d67464

And the last words go to:

Katie-Ray
for being a Spelling
Rock Star!
....and....
Noah and Ezra
for being
Math All Stars!